



Ulrike Thiel
Geritten werden
So erlebt es das Pferd

Being Ridden

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Riding from the horse's perspective Riding as a harmonious dialogue of motion

Considering the fact that horses are flight animals, do they think of the riders on their backs as supporting partners or dominant predators? Author Ulrike Thiel puts readers in the horse's position and allows them to experience the process of being ridden both physically and psychologically.

Methodically, she discusses classical schooling and modern competitive dressage from the horse's perspective and offers precise courses of action for riders – consistently based on the most recent scientific findings on psychomotor education, training theory, biomechanics and equine behavior.

Dr. Ulrike Thiel is a psychologist, certified PE teacher, therapeutic riding instructor, recognized judge and successful author. At her training institute "HippoCampus", she trains horses, riders and equitherapists according to classical principles.

